

Young Mums' Group Kingaroy

Is a 5 week program that will commence on Wednesday 18th of August 2010 at CTC Youth Services (The Skate Park). The group will meet on a weekly basis after this date (see below).

The group will be supported by Pam Holmes from CTC Youth Services and Roxanne Taylor from Child Health Kingaroy.

We invite all young mums (up to the age of 25 years) and their children to participate in this great program.

Kingaroy Young Mums Group will run on the day, dates and times below.

Wednesday

18 August	10am-12md
25 August	10am-12md
1 September	10am-12md
8 September	10am-12md

15 September will be the final day of the program. Stay tuned for details!

For further information please contact

CTC Youth Services-Kingaroy

Pam Holmes

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OR

Downtown Community Health – Child Health, Kingaroy

Roxanne Taylor

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Young Mums' Group Kingaroy



Providing opportunities for support, education and building on social networks for young mothers.

CTC Youth Services Young Mums Group

The aim of the group is to share

- Valuable knowledge & experiences
- Resources
- Information

and to create opportunity for social interaction and inclusion.

We aim to build on knowledge of caring for your child, social and support networks and self confidence.



Transport is available for those young women who have no wheels or any other mode of transport.

What will be happening in the program?

Roxanne Taylor

Kingaroy Child Health Nurse will be onsite and available to:

- Answer any of those burning questions you may have
- Give practical advice/information
- Weigh your child/children
- Individual support
- Assisting with program content

Pam Holmes

CTC Youth Worker will be supporting the group through fun activities to build on self esteem and confidence. Pam is also available to:

- Chat/Listen
- Offer individual support
- Link in with other support services

What do I need to bring & what will be provided

Volunteers

CTC have a number of committed and experienced volunteers (with 'Working with Children' Blue Cards). The volunteers will be onsite and available for child minding. They will have fun activities to keep the kiddies occupied and happy. Morning tea will also be provided.

